


# May 1 - 14, 2024

# CRESTWOOD POOL

MON	TUE	WED	THU	FRI	SAT	SUN
<p><b>Lane Swim</b> 6:00 - 8:40 am</p> <p><b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am</p> <p><b>Lane Swim</b> 11:00 - 1:00 pm</p> <p><b>Public Swim and Lane Swim</b> (2 lanes) 2:15 - 3:45 pm</p> <p><b>Lane Swim</b> (1 Lane) 4:00 - 6:00 pm</p> <p><b>Aquafit</b> 7:20 - 8:10 pm</p> <p><b>Lane Swim</b> (1 Lane) 7:20 - 8:30 pm</p>	<p><b>Lane Swim</b> (4 lanes 6:00-7:30am) 6:00 - 8:40 am</p> <p><b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am</p> <p><b>Lane Swim</b> 11:00 - 1:00 pm</p> <p><b>Public Swim and Lane Swim</b> (2 lanes) 1:00 - 3:45 pm</p> <p><b>Lane Swim</b> (1 Lane) 4:00 - 6:00 pm</p> <p><b>Aquafit</b> 7:20 - 8:10 pm</p> <p><b>Lane Swim</b> (1 Lane) 7:20 - 8:30 pm</p>	<p><b>Lane Swim</b> 6:00 - 8:40 am</p> <p><b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am</p> <p><b>Lane Swim</b> 11:00 - 1:00 pm</p> <p><b>Public Swim and Lane Swim</b> (2 lanes) 1:00 - 3:45 pm</p> <p><b>Lane Swim</b> (1 Lane) 4:00 - 6:00 pm</p> <p><b>Aquafit</b> 7:20 - 8:10 pm</p> <p><b>Lane Swim</b> (1 Lane) 7:20 - 8:30 pm</p>	<p><b>Lane Swim</b> (4 lanes 6:00-7:30am) 6:00 - 8:40 am</p> <p><b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am</p> <p><b>Lane Swim</b> 11:00 - 1:00 pm</p> <p><b>Public Swim and Lane Swim</b> (2 lanes) 2:15 - 4:15 pm</p> <p><b>Aquafit</b> 7:20 - 8:10 pm</p> <p><b>Lane Swim</b> (1 Lane) 7:20 - 8:30 pm</p>	<p><b>Lane Swim</b> (4 lanes 6:00-7:30am) 6:00 - 8:40 am</p> <p><b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am</p> <p><b>Lane Swim</b> 11:00 - 1:00 pm</p> <p><b>Public Swim and Lane Swim</b> (2 lanes) 1:00 - 3:45 pm</p> <p><b>Lane Swim</b> (1 Lane) 4:00 - 6:00 pm</p>	<p><b>Lane Swim</b> 12:00 - 1:00 pm</p> <p><b>Public Swim</b> 1:00 - 5:00 pm</p>	<p><b>Note:</b> Open on Sundays beginning May 12, 2024</p> 

**Crestwood Recreation Centre**  
 Phone: 403-529-8320  
 Location: 1701 21 Street SE  
[www.medicinehat.ca/crestwood](http://www.medicinehat.ca/crestwood)

**[Register for Aquafit here](#)**



# May 15 - 31, 2024

# CRESTWOOD POOL

MON	TUE	WED	THU	FRI	SAT	SUN
<b>Lane Swim</b> (5 lanes) 7:00 - 8:15am	<b>Lane Swim</b> (4 lanes) 6:00 - 7:30am 6:00 - 8:40 am	<b>Lane Swim</b> (2 lanes ) 6:00 - 7:30am 6:00 - 8:40 am	<b>Lane Swim</b> (4 lanes) 6:00 - 7:30am 6:00 - 8:40 am	<b>Lane Swim</b> (4 lanes) 6:00 - 7:30am 6:00 - 8:40 am		
<b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am	<b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am	<b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am	<b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am	<b>Aquafit</b> 8:45 - 9:35 am 9:55 - 10:45 am		
<b>Lane Swim</b> 11:00 – 1:00 pm	<b>Lane Swim</b> 11:00 – 1:00 pm	<b>Lane Swim</b> 11:00 – 1:00 pm	<b>Lane Swim</b> 11:00 – 1:00 pm	<b>Lane Swim</b> 11:00 – 1:00 pm		
<b>Public Swim and Lane Swim</b> (2 lanes) 2:15 - 3:45 pm	<b>Public Swim and Lane Swim</b> (2 lanes) 2:45 - 3:45 pm	<b>Public Swim and Lane Swim</b> (2 lanes) 1:00 - 3:45 pm	<b>Public Swim and Lane Swim</b> (2 lanes) 2:15 – 3:45 pm	<b>Public Swim and Lane Swim</b> (2 lanes) 1:00 - 3:45 pm		
<b>Lane Swim</b> (1 Lane) 4:00 – 6:00 pm	<b>Lane Swim</b> (1 Lane) 4:00 – 6:00 pm	<b>Lane Swim</b> (1 Lane) 4:00 – 6:00 pm	<b>Lane Swim</b> (1 Lane) 4:00 – 6:00 pm	<b>Lane Swim</b> (1 Lane) 4:00 – 6:00 pm		
<b>Aquafit</b> 8:10 - 9:00 pm	<b>Aquafit</b> 8:10 - 9:00 pm	<b>Aquafit</b> 8:10 - 9:00 pm	<b>Aquafit</b> 8:10 - 9:00 pm	<b>Public Swim</b> 6:15-8:00pm	<b>Lane Swim</b> 11:00 – 1:00 pm  <b>Public Swim</b> 1:15 – 5:00 pm	<b>Lane Swim</b> 10:00 – 1:00 pm  <b>Public Swim</b> 1:15 – 5:00 pm

**Crestwood Recreation Centre**

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