



Senior Citizens Advisory Committee

2016 Annual Report

Senior Citizens Advisory Committee (SCAC)



Summary

The Senior Citizens Advisory Committee promotes the well-being of older persons in our community. This Committee makes recommendations to the Medicine Hat City Council on the issues that affect older persons.

The Senior Citizens Advisory Committee is comprised of ten members who are elected at the Annual General Meeting held in February. Committee membership is open to any person over 50 years of age who resides in Medicine Hat.

Mission

To assist with the planning and promotion of informative, supportive programs, services and activities for persons 50 years of age and over.

To advocate fun, friendship, safety and a healthy lifestyle.

Responsibilities

To promote the general well-being of the older adults within the City of Medicine Hat.

To provide advice and recommendations to City Council on future directions and issues affecting the City of Medicine Hat senior citizens.

To evaluate existing policies and programs and the development of recommendations on relevant issues.

2016 Committee Members



Back Row *(left to right)*

Arne Handley
Paul Nederveen
Raye-Nevonne Smith
Arlette Spencer
Gordon Nott

Front Row *(left to right)*

Rod Sommerfeld
Grant Bray
Sandy Seifert
Sue Masterman
Linda Hygard

Representatives to **Building Committee:**

Arlette Spencer
Arne Handley
Gordon Nott
Linda Hygard

Transit Advisory Committee:

Grant Bray

Social Development Advisory Board:

Gordon Nott

Senior Citizens Advisory Committee Year In Review

The past year has been very rewarding in many ways for our committee.

After three years of many hard volunteered hours contributed by members of the SCAC and the New Seniors Centre Building Committee, a replacement for the flood damaged Veiner Centre is on the horizon. Given a firm budget set by City Council in February and user needs identified in the planning process, FWBA architects began design work. The final design and associated budget was approved by City Council in August. In November, a public open house gave the community an opportunity to view the plans for the new Seniors Centre and the remodelled Strathcona Centre. Construction is set to begin in the spring of 2017.

Volunteering and the role seniors have in the community was a major focus for the committee. Results from a survey conducted by the SCAC, inviting a random number of community organizations using volunteers to participate, clearly indicated that the Seniors of Medicine Hat are an extremely valuable resource, providing over half the volunteer hours in the community.

In the past year, members of the committee have enjoyed their volunteer time assisting at the Seniors Week BBQ, the Stampede BBQ, the Elm Street School River Flats Run and the Seniors Christmas Dinner.

The committee continues to build strong relationships within the community and also with elected City and government officials. Our monthly “Come Chat With Us” sessions have been rewarding and informative. Our goal to invite elected officials for an informal one on one lunch has provided them the opportunity to experience the atmosphere and sense of “family” at the Strathcona Centre. Sharing time with a Grade Two school class at the Seniors Week BBQ and also a craft morning with a Cape School class were great intergenerational relationship building events.

With another great year behind us, I would personally like to thank all members of the Senior Citizens Advisory Committee and the Seniors Centre Building Committee for their unselfish time and commitment as committee members.

Your Senior Citizens Advisory Committee remains committed to helping ensure that the Seniors of Medicine Hat enjoy the very best life style possible according to their needs.

Respectfully submitted,

Gordon Nott

Gordon Nott

Senior Citizens Advisory Committee - Chair

Medicine Hat Senior Citizens Advisory Committee Foundation

Mission

***Mission Statement:** The Foundation will accept donations to be used for capital purchases and/or equipment at the Strathcona Centre or other needed priorities that would reflect the goals of the City of Medicine Hat and would be of benefit to the senior citizens of Medicine Hat.*

The Senior Citizens Advisory Committee created the Senior Citizens Advisory Committee Foundation. The Foundation raises funds to purchase equipment and support capital projects for the Strathcona Centre and its associated programs. The Senior Citizens Advisory Committee administers the Foundation and decides how to use the funds within the guidelines of their mission statement.

Funds are raised in two fashions....by donations from corporations and individuals and by participating in the Alberta Gaming Casino program for nonprofit organizations. Funds raised through Alberta Gaming are spent within the guidelines of Alberta Gaming and audited by Alberta Gaming. For corporate and individual donations, the Foundation is a registered Society under the Societies Act of Alberta and income tax receipts can be issued for all donations of \$10 or greater. The funds are held by the City of Medicine Hat in an interest bearing account and will be distributed in accordance with the advice of the Foundation Board of Trustees. When possible dollars are leveraged to stretch purchasing power further such as by applying for matching grants, for example AB Community Initiatives Program.

In the recent years funding from the Foundation was used to make possible projects of equipment purchases, furnishings and educational opportunities to a value of approximately \$114,000. In 2016, a set of Bunnock Bones were purchased for the Bunnock Club and a further \$3,169.99 has been designated to help with the purchase of wind screen for the Strathcona Tennis/Pickle Ball court. We do have some funds set aside at this time in anticipation of unprovided extras for the new building.

Respectfully submitted,

Sandy Seifert, Treasurer, SCAC Foundation

Alberta Association of Seniors Centers (AASC) Report

<http://albertaseniorscentres.net/>

History

The Alberta Association of Seniors Centres (AASC) was incorporated in May 2011. A Board of Directors was elected at the AGM in September 2011. The AASC currently represents 30 member organizations from across Alberta.

Vision

The Alberta Association of Seniors Centres is a dynamic network of Seniors Centres focused on growth, excellence, and strategic partnerships which enhance the quality of life of older adults.

Mission

To promote the visibility, growth, development, expansion and quality of Seniors Centres in Alberta through supports, services, advocacy, education, training, networking and resource development.

Recent Accomplishments

1. Currently a research project is underway to better understand the needs of seniors and senior centres.
2. The Board is holding a Strategic Planning Session in the spring of 2017.
3. The website has been updated and is current. <http://aasc.ca/>
4. Work continues on the development of a Provincially Integrated Seniors Center System (PISCS).

Medicine Hat Senior Citizens Advisory Committee Foundation Financial Statement

Medicine Hat Senior Citizens Advisory Committee Foundation Financial Statement

Year of 1 January 2016 to 31 December 2016

<u>Assets</u>		
Account balance	54,683.93	
<u>Liabilities</u>	<u>.00</u>	
<u>Surplus</u>		<u>54,683.93</u>

<u>Balance In Trust 01 January 2016</u>		<u>53,430.09</u>
<u>Income</u>		
Interest		751.07
Donations		502.77
<u>Disbursements</u>		.00
<u>Balance in Trust @ 31 December 2016</u>		<u>54,683.93</u>

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Senior Citizens Advisory Committee Operating 2016

2016 Annual Budget		6,630.00
<u>Expenditures: Conference & Education</u>	2,203.27	
Membership Dues	200.00	
Advertising	.00	
Materials & Supplies	534.26	
<u>Expenditures @ 31 December 2016</u>		2,937.53
<u>Closing Balance @ 31 December 2016</u>		3,692.47

**** This financial statement has been audited by the City of Medicine Hat Auditors**

Medicine Hat Senior Citizens Advisory Committee Foundation

Casino Account

Balance Sheet@ 31 December 2016

Assets

Account Balance	5,274.90
GIC ((Jun20/16-Jun20/17)	16,672.63
GIC (Dec19/16-Mar19/17)	10,000.00

Liabilities

.00

Surplus

31,947.53

Statement of Income and Disbursements

Bank Balance @01 January 2016 32,302.94

Income

Bank Interest	42.16	
Casino by Vanshaw	.00	
AGLC Casino Pool (from June Casino)	.00	<u>42.16</u>

Disbursements

Postage & Shipping (#013, #014, #015)	45.46	
Cheques	60.57	
Carol Paddock (Bones for Bunnock Club) (#016)	291.54	<u>397.57</u>

Balance @ 31 December 2016

31,947.53

This Financial statement has been reviewed and approved by:

Deatrice Bonay

Mobile

Date: Feb. 01, 2017

Date: Feb 1 - 2017

Medicine Hat Senior Citizens Advisory Committee Foundation

Designated Purpose Account

Balance Sheet @ 31 December 2016

Assets

Account Balance	9.96	
<u>Liabilities</u>	.00	
<u>Surplus</u>		9.96

Statement of Income and Disbursements CRANE Acct.

Bank Balance @ 01 January 2016		502.48
<u>Income</u>		
Tsfx from SCAC Casino Acct (cheques ATB)(Feb 24/16)		60.57
<u>Disbursements</u>		
ATB cheques (Jan28/16)	60.57	
Shantel Ottenbreit Travel Advance (#008)	502.48	563.05
BALANCE OF CRANE ACCOUNT (April 18/16)		<u>00.00</u>

Statement of Income and Disbursements SNOW ANGELS Acct.

Income

Medicine Hat Community View Lions Club	2,000.00	
Shantel Ottenbreit (overpmt of advance request)	30.45	<u>2,030.45</u>

Disbursements

Shantel Ottenbreit (chq#002) Various receipts/ rewards for program	819.01	
Boylans Imaging (chq#006) Snow Angels Rack Cards	149.63	
Shantel Ottenbreit (chq#007) Various receipts/rewards for program	425.00	
ATB Service Fee	.80	
Boylan's Imaging (chq#009) Snow Angels Promo Stand/Graphics	526.05	
Shantel Ottenbreit (chq# 010) Tim's Cards/rewards for program	100.00	<u>2,020.49</u>

<u>Balance @ 31 December 2016</u>		<u>9.96</u>
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This Financial statement has been reviewed and approved by:

Beatrice May

Shoble

Date: Feb. 01, 2017

Date: Feb. 1 - 2017 -

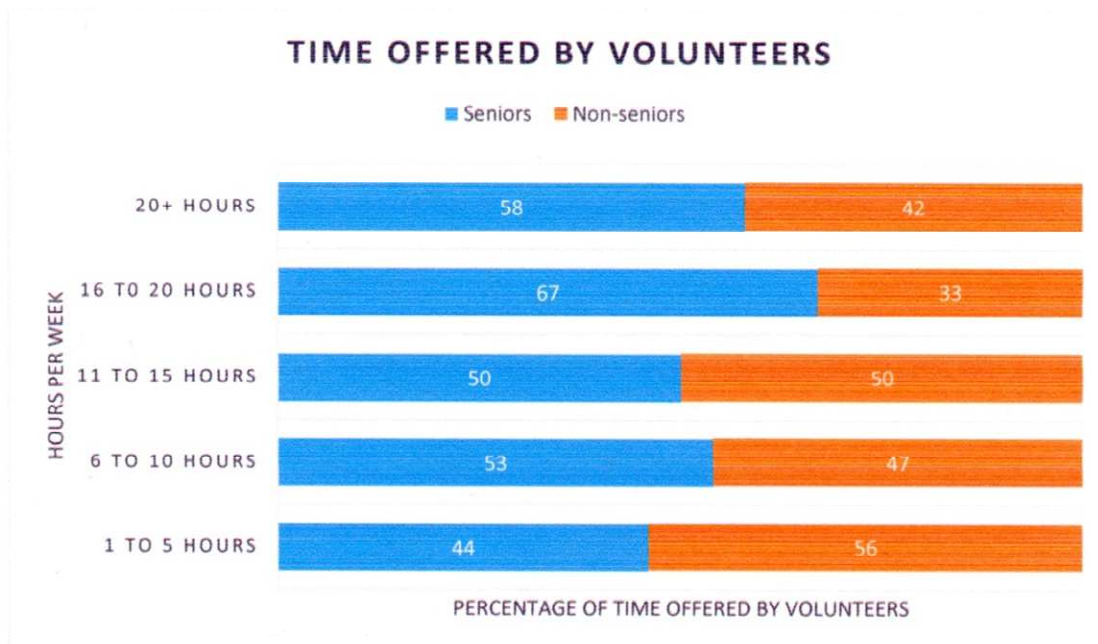
Seniors in Medicine Hat Contribute by Volunteering

One of the goals of the Senior Citizens Advisory Committee has been to identify the contributions of seniors, a valuable resource, to the community of Medicine Hat.

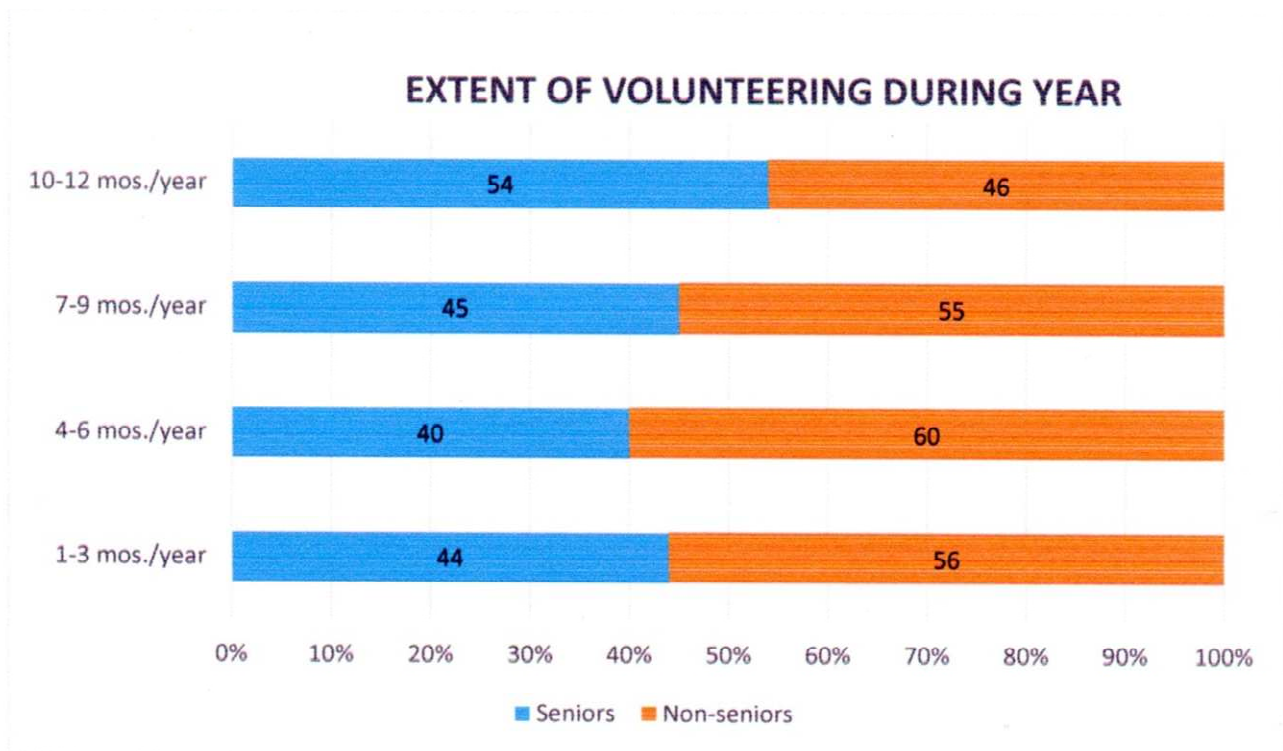
A survey to determine the extent of volunteer time given was developed and sent out via “Survey Monkey” to 175 clubs, agencies and organizations in June and September, 2016.

38 responses were received (21.7% rate of return). 3082 volunteers were reported; 42.7% were male and 57.3% were female. Of these, 1612 (52.3%) were seniors. (In this instance, seniors were considered to be those 50 years and up, since this was the criterion used by Senior Services, City of Medicine Hat, for membership in the Seniors Centre.)

Of the **time offered** by volunteers, **seniors** generally provided half or more of quantities of time put in per week. It should be noted that they were fifty-eight percent of the volunteers who donated more than 20 hours a week.



As to the **extent of volunteering** during the year, **seniors** were forty percent or more of those working from 1 to 9 months, and fifty-four percent of those working 10 to 12 months of the year.



The following comments were not broken down by age. However, the **length of service** of volunteers was commendable. Thirty-eight percent served more than 10 years and eight percent gave 6 to 9 years. Thirty-two percent offered from 4 to 6 years, nineteen percent donated 1 to 3 years, and three percent contributed up to 1 year.

Of the clubs, agencies and organizations replying, eighty-four percent reported **needing volunteers** year round, while sixteen percent needed them seasonally. Thirty-five percent **used volunteers** daily or weekly, twenty-four percent used them monthly or for special events and eight percent used volunteers seasonally.

Volunteers became involved in their places of activity through word of mouth (83%), by personal invitation (75%), by self-referral (64%), via social media (50%), at public events (50%) or through advertisements in the paper (19%).

The respondents indicated that the **work** done by volunteers included: special events (77%), fundraising (74%), clerical/administration (63%), governance (49%), education (46%), humanitarian (43%) as well as hospitality, canvassing, transporting people, delivery, coaching, supervision, visitation and physical labour.

Though this was a small survey, it did indicate that there was the considerable **need** for volunteers all through the year at a rate of eighty-four percent; about one-third were needed on a daily or weekly basis, and one-quarter were needed monthly or for special events.

Seniors comprised over half of the volunteers recorded and were one-half or more of those who offered six to over twenty hours of volunteering per week. They were a willing and available source of help, as fifty-four percent spent ten to twelve months of the year volunteering.

Medicine Hat is known for its ability look after its own and to host events both for the city and for a wider scope. This survey has shown the need for volunteers and that seniors make a large contribution to filling that requirement.