

Swim Lesson Conversions

Canadian Red Cross to Starfish Swimming Canada



Red Cross Level (Discontinued)

Starfish Level (Current)

Starfish 4 to 12 months			Star Babies 6 to 18 months	PARENTED
Duck 12 to 24 months			Star Tots 18 to 36 months	
Sea Turtle 24 to 36 months				
Sea Turtle				SWIM SCHOOL
Sea Otter			White / Red 3 to 5 years	
Salamander				
Sunfish				
Crocodile				
Whale			Yellow	






























Swim Lesson Conversions

Canadian Red Cross to Starfish Swimming Canada



Red Cross Level (Discontinued)

Starfish Level (Current)

Swim Kids 1			 <div>White (6+ years; if uncomfortable submerging) Red (6+ years; if comfortable submerging)</div>	SWIM SCHOOL
Swim Kids 2			 <div>Yellow</div>	
Swim Kids 3			 <div>Blue</div>	
Swim Kids 4			 <div>Green</div>	
Swim Kids 5			 <div>White Freestyle and Backstroke</div>	STROKE SCHOOL
Swim Kids 6			 <div>Red Resting Strokes: Elementary Backstroke and Sidestroke</div>	
Swim Kids 7			 <div>Yellow Butterfly</div>	
Swim Kids 8			 <div>Blue Breaststroke</div>	
Swim Kids 9			 <div>Green Endurance</div>	
Swim Kids 10				

Not sure what Red Cross lesson your child has completed?

Call 403-502-8566 or log in to your account