

Kids & Youth Programs

Baby Gym

6 Months - 2 Years

FRIDAYS | Sep 5 - Dec 19 | 10 AM- 10:45 AM | BMGC | Day Admission SAT & SUN | Sep 6 - Dec 28 | 9 AM - 9:45 AM | BMGC | Day Admission

A playful and active space designed for children ages 6 months - 2 years. Baby Gym offers a safe and stimulating environment where little ones can explore, move, and grow through unstructured play. With age-appropriate toys, soft play equipment, and motor skill activities, this program supports early development in a fun, social setting. Parents will stay and supervise, while a friendly instructor is on-site to support and guide the session.

Kinder Gym

3 - 5 Years

FRIDAYS | Sep 5 - Dec 19 | 11 AM - 11:45 AM | BMGC | Day Admission SAT & SUN | Sep 6 - Dec 28 | 10 AM - 10:45 AM | BMGC | Day Admission

Get ready to climb, jump, balance, and play! Kinder Gym is designed for children ages 3–5 and offers an engaging space to explore movement and build confidence through active, unstructured play. With access to fun equipment, obstacle courses, and creative activities, kids can develop coordination, strength, and social skills in a safe and energetic environment.

Parent supervision is required, and an instructor is on-site to help guide the fun!

Childminding

Memberships include 2 hrs FREE per day!

MON - FRI: 8 - 12 PM | SAT: 8 - 11 AM | MON - THU: 4:30 - 7:30 PM

Enjoy our amenities while we care for your little ones! This service provides a safe, supervised space for children while you work out, swim, or explore other activities. Payment and registration are required before drop-off and can be made at the front desk with our customer service staff.

UPCOMING PROGRAMS



Girls on the Move

7-12 Years

WEDNESDAYS | Oct 8 - Dec 3 | 6 PM - 7:30 PM | FREE

Girls on the Move provides a free opportunity for children who identify as girls, ages 7 to 12 years old, to be physically active in an environment that is positive, barrier free, and exposes them to new activities they may never have tried before. Girls on the Move is presented by Ever Active Communities, the City of Medicine Hat and Canadian Tire Jumpstart.

Kids on the Move

7-12 Years

TUESDAYS | Oct 7 - Dec 2 | 6 PM - 7:30 PM | FREE

Kids on the Move provides a free opportunity for co-ed and gender diverse youth ages 7 to 12 years old, to be physically active in a safe and supportive environment that aims to develop confidence, resiliency and physical literacy skills by introducing new activities. Kids on the Move is presented by Ever Active Communities, the City of Medicine Hat and Canadian Tire Jumpstart.

Roving Gyms

0-6 Years

FRIDAY | Oct 3 | 4 PM - 8 PM | FREE FRIDAY | Nov 7 | 4 PM - 8 PM | FREE FRIDAY | Dec 5 | 4 PM - 8 PM | FREE

Join us for unstructured indoor play! Children will have an opportunity to interact with other children, play games, access fun and exciting toys and equipment, in a safe and friendly environment.

₩ Medicine Hat



Kids & Youth Programs

Kids Night Out 5-8 Years

FRIDAY | Sep 19 | 4 PM - 8 PM | \$25.00 - \$30.00 FRIDAY | Oct 17 | 4 PM - 8 PM | \$25.00 - \$30.00 FRIDAY | Dec 19 | 4 PM - 8 PM | \$25.00 - \$30.00

An evening of fun and play for your kids, while you have an evening of fun and play for yourselves! Kids will engage in a variety of activities including crafts, gym games, Nerf Wars, and more!

PD Days

4-12 Years

FRIDAY | Sep 19 | 9 AM - 4 PM | \$42.50 - \$50.00 FRIDAY | Oct 10 | 9 AM - 4 PM | \$42.50 - \$50.00 MONDAY | Nov 10 | 9 AM - 4 PM | \$42.50 - \$50.00

Make the most of a day off school with action-packed fun! Our PD Days are all about keeping kids active, learning new skills, and having a blast. Guided by our enthusiastic instructors, participants will dive into a variety of exciting sports, games, and activities in a supportive and engaging environment.

Teen Takeover

13-17 Years

SATURDAY | Sep 27 | 7 PM - 9 PM | \$00.00 - \$8.00 SATURDAY | Oct 25 | 7 PM - 9 PM | \$00.00 - \$8.00 SATURDAY | Nov 29 | 7 PM - 9 PM | \$00.00 - \$8.00 SATURDAY | Dec 27 | 7 PM - 9 PM | \$00.00 - \$8.00

Round up your friends and make the last Saturday of the month your night! Teen Takeover gives you exclusive access to the Big Marble Go Centre for two hours of non-stop fun. Start off in the Fieldhouse with an epic Nerf Rival battle, then cool off with an hour of private pool time - all just for teens ages 13–17.

UPCOMING PROGRAMS

Fall Break Day Camp

4-12 Years

November 12 / 13 / 14 | 9 AM - 4 PM | \$42.50 - \$50.00

Keep kids active over school breaks. Our enthusiastic, active instructors will lead training, games, field-trips, and free play that focuses on physical activity and active living.

Winter Break Day Camp

4-12 Years

December 19 / 22 / 23 / 29 / 30 / Jan 2 | 9 AM - 4 PM | \$42.50 - \$50.00

Keep kids active over school breaks. Our enthusiastic, active instructors will lead training, games, field-trips, and free play that focuses on physical activity and active living.

Frosty Fun Days

4-12 Years

December 6 / 13 | 9 AM - 4 PM | \$42.50 - \$50.00

This day camp is the perfect opportunity for kids to unleash their festive spirit while parents tackle last-minute holiday errands! The day will be filled with swimming, seasonal crafts, and other fun activities lead by our enthusiastic camp instructors!





Learn To

Learn To Play Badminton

18+

SUNDAYS | Sep 7-28 | 4:30 PM - 5:30 PM | \$0.00 - \$15.00

SUNDAYS | Oct 5-26 | 4:30 PM - 5:30 PM | \$0.00 - \$20.00

SUNDAYS | Nov 2-23 | 4:30PM - 5:30 PM | \$0.00 - \$20.00

SUNDAYS | Dec 7-28 | 4:30 PM - 5:30 PM | \$0.00 - \$15.00

New to badminton or looking to build your skills? This instructor-led program is designed for beginners and those looking to brush up on the basics. Learn proper technique, rules of play, footwork, and game strategy in a supportive and active environment. Each session includes skill-building drills and plenty of time to practice with others.

All equipment is provided, just bring your energy and a willingness to learn!

Learn To Play Pickleball

18+

MONDAYS | Sep 8-29 | 4:30 PM - 5:30 PM | \$0.00 - \$20.00

MONDAYS | Nov 3-24 | 4:30 PM - 5:30 PM | \$0.00 - \$20.00

New to pickleball? This beginner-friendly program is the perfect place to start. Learn the rules, basic techniques, court positioning, and how to keep score through hands-on instruction and guided play. No experience needed and all necessary equipment will be available during the session.

Learn To Play Table Tennis

8-11 Years

MONDAYS | Oct 2-30 | 6:30 PM - 7:30 PM | \$0.00 - \$25.00

This beginner-friendly table tennis program teaches kids how to control the ball, serve with style, and rally like pros. Through fun drills, challenges, and a final mini tournament, players build skills and have a blast along the way.

UPCOMING PROGRAMS

Adults (18+) Registered

Pickleball Refresher

18+

MONDAYS | Oct 2-30 | 6:30 PM - 7:30 PM | \$0.00 - \$25.00

Need a tune-up before jumping back into the game? This refresher program is perfect for players with some experience who want to brush up on the basics and rebuild confidence on the court. Review rules, scoring, positioning, and key techniques through guided instruction and practice play. Whether you're returning after a break or just need a little boost, this program will help you feel game-ready in no time.

Pickleball Mini-League

Pickleball Mini-League

18+

MON/WED/FRI | Oct 6-31 | 1:15 PM - 3:30 PM | \$37.50 - \$50.00

MON/WED/FRI | Nov 3-28 | 1:15 PM - 3:30 PM | \$45.00 - \$60.00

MON/WED/FRI | Dec 1-19 | 1:15 PM - 3:30 PM | \$33.75 - \$45.00

Take your pickleball game to the next level by joining our Pickleball Mini-League! This registered program is perfect for players looking to engage in some friendly competition while honing their skills. Open to all levels, the league offers a fun and structured environment where you can play matches, improve your game, and meet new people. Games are scheduled weekly, and all necessary equipment—paddles and balls—are provided. Pre-registration is required to secure your spot, so sign up and get ready to be in the kitchen!





UPCOMING PROGRAMS

Rec Experiences

Discover Rec

All Ages

FRIDAY | Oct 10 | 4 PM - 8 PM | \$5.00 FRIDAY | Nov 14 | 4 PM - 8 PM | \$5.00 FRIDAY | Dec 12 | 4P M - 8 PM | \$5.00

Discover something new each month in a fun and supportive environment! No experience is required - just come ready to try it out. Our team will introduce you to a different sport every month, with all equipment provided. It's the perfect chance to stay active, meet new people, and explore new activities at your own pace

Family Fun Nights

All Ages

FRIDAY | Sep 26 | 4 PM - 8 PM | \$5.00 | Fall Festival
FRIDAY | Oct 31 | 4 PM - 8 PM | \$5.00 | Halloween SPOOKtacular
SATURDAY | Nov 29 | 4PM - 8 PM | \$5.00 | Sweater Weather Wonders
FRIDAY | Dec 19 | 4 PM - 8 PM | \$5.00 | Jolly Jamboree

Join us for a fun, all-ages evening celebrating a new theme each month! From festive parties to seasonal celebrations, these community nights are a great way to connect and unwind. Enjoy themed games, crafts, activities, and more.

Court Spaces

Tennis 8+ Years

MON/TUES/WED/THURS | Oct 1 - Dec 31 | 2:15 PM - 3:45 PM | \$16.15-\$32.30

Ready to serve up some fun? Reserve your exclusive indoor court and enjoy a great game of tennis with friends or family! Timeslots can be booked up to 7 days and 3 hours in advance, ensuring you get the perfect time to play.

Don't forget to bring your own racquet and tennis balls - then hit the court and have a blast!

Racquetball

8+ Years

MON - THU | 6 AM - 8 AM | 11 AM - 2 PM | 4 PM - 8 PM FRIDAY | 6 AM - 8 AM | 11 AM - 2 PM | 4 PM - 6 PM SATURDAY | 11AM - 2 PM

Location: Crestwood Rec Centre

Sharpen your game by signing up for a racquetball session! Remember to bring your own racquet and ball, as equipment is not provided. The reservation fee secures your court time and facility access during your session only. Any guests must have a membership or day pass to join you.



Space Reservations

Looking to guarantee your court time? We offer reservable courts for a variety of activities, including pickleball, badminton, tennis, basketball (1-hoop), or racquetball (CRC only). Reserving a court ensures you'll have dedicated space for your game, practice, or workout.

How to Reserve:

- Reservations can be made up to 7 days and 3 hours in advance.
- · Courts are booked in 1-hour time slots.
- Reservations can be made in person at the Customer Service Desk, or by phone 403.502.8566.

Party Packages

Make your next birthday, team wind-up, family night, or team-building event unforgettable with our Party Packages! Choose from exciting activities like Swimming, Wibit (inflatable pool obstacle course), Tot Time, Nerf Wars, or Sport Party(soccer, floor hockey, volleyball, and more).

Each package includes 2 hours in a private party room and 1 hour of activity time, giving your group the perfect balance of fun and celebration.

For details on pricing and availability, visit us online or call our Customer Service team at 403.502.8566.

BORROW & BOOK

Loan Locker

Looking to play but don't have your own gear? The Loan Locker at BMGC has you covered! Patrons can borrow a variety of equipment to enjoy during their visit, including:

- Basketballs
- Volleyballs
- Soccer balls
- Footballs
- Rugby balls
- · Badminton racquets & birdies
- · Pickleball racquets & balls
- Tennis racquets & balls
- · Table Tennis racquets & balls
- · Floor hockey & ringette equipment
- Lacrosse nets
- Pinnies

It's easy: borrow what you need, have fun, and return it when you're done. Ask the staff for details on how to access the Loan Locker and get playing!











FALL 2025 SEPT-DEC

DROP-IN PROGRAMMING

SUN	MON	TUE	WED	THU	FRI	SAT
TOT TIME :00AM - 11:00AM <i>GYM</i>	PICKLEBALL 8:00AM - 10:00AM GYM	PICKLEBALL 8:00AM - 11:00AM <i>GYM</i>	PICKLEBALL 8:00AM - 10:00AM GYM	PICKLEBALL 8:00AM - 11:00AM GVM	PICKLEBALL 8:00AM - 10:00AM <i>GYM</i>	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>
BASKETBALL 0:00AM - 12:00PM	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>	BASKETBALL 8:00AM - 12:00PM <i>GYM</i>	TOT TIME 9:00AM - 11:00AM <i>GYM</i>
BEG. PICKLEBALL 2:00PM - 3:00PM	TOT TIME 9:00AM - 12:00PM <i>FH</i>	TOT TIME 9:00AM - 12:00PM FH	TOT TIME 9:00AM - 12:00PM <i>FH</i>	TOT TIME 9:00AM - 12:00PM <i>FH</i>	TOT TIME 9:00AM - 12:00PM <i>FH</i>	
GYM NERF WARS 2:45PM - 3:45PM	BEG. PICKLEBALL 10:00PM - 11:00PM GVM		BEG. PICKLEBALL 10:00PM - 11:00PM GVM	BASKETBALL 3:00PM - 9:00PM	BEG. PICKLEBALL 10:00PM - 11:00PM <i>GYM</i>	
CPER. PICKLEBALL 3:00PM - 4:00PM	EXPER. PICKLEBALL 11:00PM - 12:00PM <i>GYM</i>	BASKETBALL 3:00PM - 9:00PM GYM	EXPER. PICKLEBALL 11:00PM - 12:00PM GYM	<i>GYM</i> JR. BADMINTON 4:00PM - 6:00PM	EXPER. PICKLEBALL 11:00PM - 12:00PM GYM	BEG.PICKLEBALL 2:00PM - 3:00PM GVM
BASKETBALL 5:00PM - 8:00PM GVM	BASKETBALL 3:00PM - 9:00PM GYM	JR. BADMINTON 4:00PM - 7:00PM GYM BEG. PICKLEBALL 5:00PM - 6:00PM	BASKETBALL 3:00PM - 9:00PM GYM BADMINTON	GYM BEG. PICKLEBALL 5:00PM - 6:00PM GYM SR. BADMINTON	BASKETBALL 4:00PM - 7:00PM <i>GVM</i>	EXPER. PICKLEBALL 3:00PM - 4:00PM GYM BASKETBALL 5:00PM - 8:00PM GYM
TABLE TENNIS 6:00PM - 7:00PM <i>GYM</i>	BADMINTON 4:00PM - 6:00PM GYM VOLLEYBALL 6:00PM - 8:00PM GYM	SR. BADMINTON 6:00PM - 8:00PM GYM EXPER. PICKLEBALL 7:00PM - 8:00PM GYM	4:00PM - 6:00PM <i>GYM</i> VOLLEYBALL 6:00PM - 8:00PM <i>GYM</i>	6:00PM - 8:00PM GYM EXPER. PICKLEBALL 7:00PM - 8:00PM GYM	BADMINTON 7:00РМ - 8:00РМ <i>GVM</i>	
	RACQUETBALL 8:00AM - 9:45AM RC- CRC		RACQUETBALL 8:00AM - 9:45AM RC- CRC		RACQUETBALL 8:00AM - 9:45AM RC- CRC	
RE	RACQUETBALL 2:00PM - 3:45PM RC- CRC	RACQUETBALL 2:00PM - 3:45PM RC- CRC	RACQUETBALL 2:00PM - 3:45PM RC-CRC	RACQUETBALL 2:00PM - 3:45PM RC-CRC	RACQUETBALL 2:00PM - 3:45PM RC- CRC	RACQUETBALL 4:00PM - 4:45PM RC-CRC

GYM | Gymnasium

PR | Play Room

FH | Fieldhouse

SC | Spine Corridor

RC | Racquetball Court at Crestwood Rec Center



MON - FRI: 8 AM - 12 PM | SAT: 8 - 11 AM | MON - THU: 4:30 - 7:30 PM



DROP-IN PROGRAMMING: DESCRIPTIONS & DETAILS

Basketball: Drop in and shoot some hoops! Our Drop-In Basketball program is open to all ages, offering a fantastic opportunity for individuals or groups to enjoy casual, non-competitive play.

Basketballs are available upon request

Pickleball: Drop in for a fun and fast-paced game open to all ages and skill levels! Whether you're experienced or new to the sport, our courts are ready for you — just drop in, grab a paddle, and start playing!

Paddles and balls are available upon request

Badminton: Join us for Drop-In Badminton, open to all ages and skill levels! Enjoy a fun, casual way to stay active and play friendly games. Whether you're experienced or new to the sport, everyone is welcome.

Birdies and Racquets are available upon request.

Junior Badminton: Kids ages 8-15 can drop in for fun, active games while building skills on the court! All skill levels are welcome.

Birdies and Racquets are available upon request.

Senior Badminton: Join us for drop-in badminton, open to players 16 and up! Enjoy friendly matches, stay active, and improve your skills in a welcoming environment. All skill levels are welcome.

Birdies and Racquets are available upon request.

Experienced Pickleball: Drop in for a fast-paced game designed for experienced players! Enjoy competitive rallies and connect with others who play at a similar level — just grab a paddle and bring your best game!

Paddles and balls are available upon request

Beginner Pickleball: Drop in for a fun game designed just for beginner players! Enjoy a relaxed, welcoming environment where you can practice, play, and build your skills with others at the same level — just grab a paddle and join the game!

Paddles and balls are available upon request

Tot Time: Thanks to the generous sponsorship from Big Marble Farms, Tot Time is now free for all families! Let your little ones (ages 0–6) explore, move, and play in our program space filled with mats, climbing structures, and more. This drop-in program is the perfect way for kids to build motor skills while having fun in a safe, active environment.

Parent or guardian supervision is required, and all participants must stop by the front desk to check in. For daycares, dayhomes, or other user groups, a flat fee of \$25 per visit applies.

Table Tennis: This program is perfect for players of any skill level who want to enjoy some casual play and improve their game. We have all the equipment you need, so just bring your competitive spirit and enthusiasm.

Volleyball: Bump, set, and spike your way to fun with our Drop-In Volleyball program! Open to all ages and skill levels, this is a great opportunity to enjoy friendly, recreational games in a relaxed setting. Whether you're a seasoned player or just looking to try something new, everyone is welcome to join in the fun.

Volleyballs are are available upon request.

Racquetball: Whether you're a beginner or a seasoned player, our drop-in racquetball sessions are a great way to enjoy the sport with others. Bring your own racquet and ball, plus a Facility Pass or Day Admission, and jump into an exciting game that's as competitive—or as casual—as you like.

Nerf Wars: Get ready for an adrenaline-pumping adventure like no other! Dive into a world of fortbuilding and high-energy battles as the Big Marble Go Centre fieldhouse transforms into a Nerf combat zone filled with obstacles, strategy, and fun!

We provide the Nerf blasters, eye protection, and plenty of ammo for an epic showdown (while supplies last), or you can bring your own blaster and get ready for heart-pounding fun!

No registration is required - just drop in, gear up, and prepare for an unforgettable experience. Dodge darts, lead your team to victory, and hone your aim in the most thrilling way possible.

Big Marble Go Centre Pass or day admission is required.

